Rapid Determination of Oil/Fat Utilizing High Temperature Solvent Extraction
(For XT10, XT10I, XT15, XT15I)

DEFINITION
This method determines crude fat by extracting with petroleum ether. The compounds extracted are predominantly triacylglycerides. Small amounts of other lipids along with minor components having some solubility in petroleum ether are also extracted.

SCOPE
This method is applicable to solid processed foods with up to 100% fat.

APPARATUS
1. Analytical Balance—capable of weighing 0.1 mg.
2. Oven—capable of maintaining a temperature of 102 ± 2°C.
3. Extraction instrument—capable of extracting at 90 ± 2.0°C (XT10, XT15, XT20, ANKOM Technology).
4. Filter Bags—constructed from chemically inert and heat resistant filter media, capable of being heat sealed closed and able to retain 1 micron particles while permitting solution penetration (XT4, ANKOM Technology).
5. Heat sealer—sufficient for sealing the Filter Bags closed to ensure complete closure (1915, ANKOM Technology).
6. Desiccator pouch—collapsible sealable pouch with desiccant inside that enables the removal of air from around the Filter Bags (MoistureStop weigh pouch, ANKOM Technology).
7. Marking pen—solvent resistant (F08, ANKOM Technology).

REAGENTS
1. Petroleum Ether (B.P. 35-65º C). Depending on the method used, other solvents such as hexanes and ethyl ether may be used (see Notes, Caution).

PROCEDURE
1. Place a labeled Filter Bag on the balance and zero balance.
2. Weigh 1-2 g of sample into the bag and record the weight ($W_1$).
3. Heat-seal the Filter Bag closed within 4mm of the top to encapsulate the sample.
4. It is good practice to include a blank bag periodically, especially when changing solvents, in order to measure any effect on the Filter Bag.
5. If a meat sample has an expected value of >15% or a plant sample has a value >25%, place the sample bags in tared weigh pans ($W_4$) during the oven drying procedure in order to capture fat that may migrate out of bag during heating.
6. Place samples in the drying oven for 3 hrs (see Numbered Notes, 1).
7. Cool dried samples in desiccant pouch, weigh and record weight ($W_2$).
8. Place sample bags into bag holder or carousel and place in extractor.
9. Select the extraction time and proceed according to the extraction instrument’s instructions.
10. When the extraction process is complete place samples in the oven for 15-30 min (see Numbered Notes, 2).
11. Cool in Desiccant Pouch and weigh ($W_3$).

CALCULATION
\[
\% \text{ Crude Fat} = \frac{100 (W_2 - W_3)}{W_1}
\]

Where:  
$W_1$ = Original weight of sample.
$W_2$ = Weight of pre-dried sample with the Filter Bag.
$W_3$ = Weight of dried sample and Filter Bag after extraction.

For meat samples > 15% and plant samples > 25%:
\[
\% \text{ Crude Fat} = \frac{100 ((W_2 - W_4) - W_3)}{W_1}
\]

Where:  
$W_4$ = Weight of the weigh pan.

PRECISION
Results of the collaborative study (see Table 1.) indicates the precision ($S_r$, RSD$_r$, r) that the analyst should use as a benchmark for evaluation replication in the same laboratory.

NOTES, Caution
Most fat solvents are extremely flammable. Avoid static electricity and use in fume hood.
**NUMBERED NOTES**

1. Pre-drying time of the samples in the Filter Bag can be greatly reduced by using a microwave oven. Too high a concentration of microwave energy can release water vapors too rapidly and cause the bags to rapidly expand. The proper conditions need to be determined by experimentation because microwave ovens vary in energy output and samples vary in their composition of water and fat. In most cases samples can be dried in minutes in a microwave oven. Contact ANKOM Technology for further information.

2. Some samples with large amounts of carbohydrates (starches and cellulose) may bind small quantities of solvent and require additional post drying. To remove bound solvent dry at 100°C for 1.0-3.0 hrs or at 125°C for 30 min.

Table 1. A summary of the statistical analysis of the international collaborative study of the Filter Bag Technique for the proposed Official AOCS Method, “Rapid Determination of Oil/Fat Utilizing High Temperature Solvent Extraction” is presented in this table. Included in the summary is a comparison of the Filter Bag Technique with the results of analysis by AOCS certified laboratories using official AOCS or AOAC methods.